



Zika Virus: Notice to Travelers

Mexico, the Caribbean, Central and South America,
Atlantic and Pacific Islands

What is Zika?

Zika is a virus carried by mosquitos. Zika virus causes symptoms of:

- Fever
- Rash
- Joint or muscle pain
- Eye pain or redness
- Headache

How is Zika transmitted?

- Through bite of an infected mosquito
- From a pregnant mother to her baby
- Through sex
- Possibly by blood transfusion

You should NOT donate today if in the PAST 4 WEEKS:

- You had symptoms from a known case of Zika
- You have had any two symptoms listed above following recent travel (within 2 weeks) to an area where Zika is present (see list)
- You have had sex with a man who:
 - Had a known case of Zika in the past 3 months

Important Post Donation Information:

Certain illnesses can be transmitted to patients through blood transfusion from an infected donor. These illnesses include those contracted while traveling abroad (such as Zika, dengue, chikungunya, and malaria) or domestically (such as West Nile virus and influenza). Although you feel well and healthy at the time of your donation, please call us immediately at the phone number beside our blood center's name below if you develop any of the following symptoms within 14 days of your blood donation.

- Fever
- Rash
- Muscle or joint pain
- Eye pain or redness
- Headache

By notifying us as soon as possible after developing any of these symptoms you may prevent the blood you donated today from being transfused and possibly infecting a patient.

NOTE: If you recall being in an area where Zika is actively transmitted in the past 4 weeks, please call us. Although you are feeling well, you could be infected with Zika.

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901-522-8585